



Kit List

GENERAL INFORMATION

Warm and waterproof clothing is very important, as it can get very cold during sailing, especially at night, even in the summer. A waterproof and windproof jacket is recommended to help keep warm and dry. Waterproof rubber soled boots or shoes are also recommended to keep your feet dry and warm. Pack comfortable and practical clothing for all weather circumstances, the key is layers!! It is recommended to pack in a soft bag that can be easily stored away as there is no locker room on board for suitcases.

Electricity on board is UK 3 pin sockets, please be sure to bring any adaptors you may need.

Please also note there is a non-smoking and no recreational drugs policy on board our Tall Ships.

List of items we recommend you bring with you; these are not mandatory.

- Warm hat and gloves (Make sure gloves are tight fitting)
- Wet weather clothing – waterproof and windproof jacket
- Clothing – enough clothing for all weather circumstances (think layers and quick dry clothes) • Wellies or waterproof shoes
- Walking boots, shoes for onshore and trainers with good grip
- Swimming Towels, wash kit
- Sun Cream and sunglasses and swimming gear
- Sea Sickness and personal medication
- Sleeping bag and pillow
- Small Torch, head torches are good (Preferably with a red filter)
- Logbook (if you have one)

DO NOT bring penknives of any kind

Paperwork to be brought onboard

You will require a full passport that is valid for at least 6 months after the end of the voyage.

Travel insurance

Copy of your Covid/Recovery Certificate.

THINGS TO NOTE

- Breakfast, Lunch, Dinner, and hot drinks are all included but you may wish to bring your favourite snacks.
- Musical instruments may be brought along (at our own risk) as long as they are small and can be stowed easily.
- Electrical devices can be charged up when the vessel is hooked up to shore power/generator is on.

For Parents and Friends

If you need to contact Sail Training Ireland outside office hours **in case of an emergency only** please call 085 251 0384.

These numbers do not receive SMS Text or WhatsApp messages, only EMERGENCY voice calls