

## KIT LIST



### ESSENTIAL PAPERWORK

- Travel Insurance and copy of policy (liability, health and travel insurance).
- Passport if required for this trip

### CLOTHING AND ESSENTIALS

The Pelican is well equipped for wet weather sailing gear but please ensure you bring basic warm clothing. It can get really cold when you're sailing, particularly during night watches. So, make sure you pack warm clothing. This includes:

- Boots or waterproof shoes. Make sure you have two pairs, just in case one of them gets wet. Deck shoes are ideal (but make sure you wear them in first!).
- Waterproof jacket and trousers, and warm sweaters and t-shirts. Pack enough clothing for all types of weather.
- Sandals for going ashore(, no open toed shoes on deck please).
- Socks, underwear and suitable nightwear/pyjamas.
- Warm base layers.
- Hat or cap, scarf, and gloves. (soft/baggy gloves are not to be worn when rope handling though, leather palmed fingerless sailing gloves are good for rope pulling, but not essential.)
- Bathroom toiletries, but avoid big bottles and sprays. Camping towels are good.
- Pocket money for on-board extras and harbour stops.
- Motion sickness medicine.
- Personal medicines.
- Sheet, duvet cover and 2 pillow slips, please do NOT bring a sleeping bag

### EXTRAS

Apart from the essentials you may want to think about bringing:

- Photo camera and film equipment. Standard British plug sockets are on board.
- Mobile phone charger
- Head torch.
- Sunglasses and sun lotion.
- Wet wipes.
- Small backpack for when you're in harbour.
- Musical instruments.
- Addresses of friends and family for postcards.
- Pen and paper/journal.

### PACKING

Once you've decided what you want to bring, the next step is packing. Please do not pack your kit in a hard suitcase but use a soft bag which can be easily stored in your cabin as there is very limited space.

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Efficient packing isn't as easy as it seems... so here are some of our top tips to help you along.

- Pack as many socks and underwear into your shoes as will fit, then put the shoes in the bottom of your bag.
- On top of your shoes, lay down a layer of heavier rolled items – jeans, sweaters, and so on – packing them in as tightly as they'll go. This minimises wasted space and prevents the rolls from coming undone during transit.
- If you have any fragile items, remember to place them in the centre of your bag on top of the heavy-roll layer to protect them from breaking.
- The next layer should consist of lighter rolled items like t-shirts and undergarments, also tightly packed to prevent unrolling.
- On top of these layers, place any of your folded items.
- Put your toiletry bag on top of the folded layer, then simply close the bag and you're done.

### TIPS:

You will need to unpack everything into a small locker once you are on board. Stuff bags are a good way of keeping your kit organised. Look for those with waterproof seals – you can put your valuables in them and then in your rucksack for trips ashore.