SAIL TRAINING IRELAND





Kit List – Tall Ship Leader

SAIL, TRAIN, LEARN, LIVE ...

GENERAL INFORMATION

Warm and waterproof clothing is very important, as it can get very cold during sailing, especially at night, even in the summer. A waterproof and windproof jacket is recommended to help keep warm and dry (think what you would wear at home on a cold wet windy day). Waterproof rubber soled boots or shoes are also recommended to keep your feet dry and warm. Pack comfortable and practical clothing for all weather circumstances, the key is layers!! It is recommended to pack in a soft bag that can be easily stored away as there is no locker room on board for suitcases.

Electricity on board is UK 3 pin sockets, please be sure to bring any adaptors you may need.

Please also note there is a non-smoking and no recreational drugs policy on board Tall Ship Maybe.

List of items we recommend you bring with you; these are not mandatory.

- Warm hat and gloves (Make sure gloves are tight fitting)
- Wet weather clothing waterproof and windproof jacket
- Clothing enough clothing for all weather circumstances & warm PJs (think layers and quick dry clothes)
- Wellies or waterproof shoes Walking boots, shoes for onshore and trainers with good grip.
- Swimming Towels, wash kit (NO aerosols/sprays, Roll on Deodorants only)
- Sun Cream and sunglasses and swimming gear
- Sea Sickness and personal medication (All personal medication must be included on your application form)
- Sleeping bag and pillow
- Small Torch, head torches are good (Preferably with a red filter)
- Logbook (if you have one)
- Note book (small) and pen
- Small day bag for going ashore.
 <u>DO NOT bring penknives of any kind. Energy drinks E.G. Red Bull, Monster etc.</u>

Paperwork that must be brought onboard

You will require a full passport (Passport copies are not acceptable) that is valid for at least 6 months after the end of the voyage.

Travel insurance Copy of your EI11 Card (if you have one)

THINGS TO NOTE

- Breakfast, Lunch, Dinner, and hot drinks are all included but you may wish to bring your favourite snacks.
- Musical instruments may be brought along (at our own risk) as long as they are small and can be stowed easily.
- Electrical devices can be charged up when the vessel is hooked up to shore power/generator is on.
- Mobile phones are permitted (Please see mobile phone policy attached.)
- Pocket money should be limited. We suggest a max of €50 split between British Pounds and Euros

The ships phone is +447716173366 please only use in case of emergency as the crew will be busy looking after the young people.

Parents will be able to follow the voyage on <u>Marine Traffic</u> and <u>Vessel Finder</u> by those links. On the apps you

can find us by searching 'Leader' and selecting the GBR registered sailing vessel

In case of emergency, you can contact Sail Training Ireland at 00353 85 251 0384

Sail Training Ireland Basement, Offices Rear, 6 James's Terrace, Malahide, Co. Dublin, K36 Y972