



**SAIL TRAINING
IRELAND**
SAIL, TRAIN, LEARN, LIVE ...

WHAT IS IT?

Sail Training is a fun and exciting adventure. Sailing offshore as part of a team that is responsible for the running of the ship will open a whole new world of challenges, skills and discovery.

You don't need any previous sailing experience as the crew and mentors onboard will teach you everything you need to know. You will meet new people and work together to set sails, steer, keep watch and even cook. Together you will meet the challenge of the sea.

There are no contrived situations on a Sail Training voyage: you really do need to work together in order to achieve a successful outcome. In addition, the sheer exhilaration of harnessing the elements engenders enthusiasm and a true sense of achievement.

WHO CAN DO IT?

- There is a ship suitable for anyone and everyone regardless of age, ability, religion or nationality.
- No experience is necessary – the professional crew will explain everything to you.
- Voyages are open to all people from the Island of Ireland. Minimum age 14.
- Those with additional needs can travel with a buddy to ensure they have the full experience.

WHERE CAN YOU DO IT?

- On Tall Ships, in Irish and international waters.
- Local Bursary Voyages start from Belfast, Drogheda, Dublin, Waterford and Cork.
- Opportunities to represent your country at the international Tall Ships Races and Regattas.

WHAT WILL I DO ON BOARD?

The vessel is its own community, so you will have an opportunity to do everything as part of a crew working as a team, this will include:

- Taking part in a watch system
- Hoisting sails
- Climbing the mast
- Plotting and navigating a course
- Steering
- Happy hour
- Cooking
- Lookout
- Work as part of a team
- Overcoming fears

info@sailtrainingireland.com

WHEN CAN YOU DO IT?

- The average duration of a sail training voyage is six days, but voyages can last from one day to over three weeks.
- Local voyages start in April with our Transition Year student voyages and run through to September.
- All over the world and all year round.

HOW MUCH IS IT?

- Prices vary according to size of the vessel and the length of the trip. Check our website directly for details.
- Youth and community groups interested in becoming a nominating organisation should contact the office directly.

WHERE CAN I FIND OUT MORE?

- You will find out a very informative short video <https://player.vimeo.com/video/680353570>
- Visit sailtrainingireland.com for details of upcoming voyages, races and regattas.
- Contact the office directly for further information on becoming a sponsor.

WHY DO IT?

- To unlock your true potential
- See the world and make new friends
- Take personal responsibility
- Explore potential career paths
- Experience fun, challenge and adventure
- Obtain Gaisce award
- To challenge yourself by stepping out of your comfort zone



CONTACT US

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