



**You will need to bring the following for your voyage.**

(Please can you ensure that all bags are soft and foldable and not large! No suitcases!)

- Sleeping bag and fitted under sheet (pillow if you like!)
- Sleeping clothes (warm ones as it might be cold at night)
- Underwear and socks
- Toiletries/Washing things and large towel
- Tee-shirts
- Trousers/track suit x 2 (preferably not jeans as they take too long to dry if they get wet)
- Warm jumper/s
- Trainers or boots, 2 pairs.
- Warm hat and gloves, if you have them
- Light Waterproof jacket
- Sunscreen/protection
- Swimming Togs (if you're feeling brave!)

When choosing clothes remember that it may be cold especially at night. Full waterproofs will be provided onboard, so you do not need to supply these.

**Please do not bring with you:-**

- Jewellery and any other non-essential valuables
- Laptops/tablets or speakers.

You may bring you mobile phones, however we will all place these in a secure bag onboard and will be returned to you at the end of the voyage. We will take pictures and share with all onboard.