

Impact Report 2026



SAIL TRAINING
IRELAND
SAIL, TRAIN, LEARN, LIVE ...

A Season Under Sail, Measured In Development On Land.

Every voyage this year carried young people further than nautical miles — into new confidence, new friendships, and new skills. Here's what the 2026 season added up to.

IMPROVEMENT IN ESSENTIAL SKILLS



40%
Improvement in
Confidence



24%
Improvement
in Leadership



26%
Improvement
in Teamwork



25%
Improvement in
Communications



25%
Improvement
in Resilience



12%
Improvement in
Understanding
Diversity

2026 IMPACT

Total Trainees	355
Total Nights At Sea	1,775
% of Trainees Who Received Funding	75%
Gender (M/F/Other)	55% / 44% / 1%
Trainees with a disability or additional need	30%
Completed Leadership for Life Module 3	12
Volunteer hours	3,290
New Mentors Trained	14
No of Counties represented	25



“Crewing a tall ship requires everyone onboard to contribute as part of a team. They work together to hoist sails, steer, keep watch and maintain daily routines onboard like cooking and cleaning. This is a real, lived experience of leadership and teamwork rather than ideas in a classroom. It helps to grow confidence and teaches essential skills, all while having great fun and making new friends. We want to make this opportunity available to as many young people as possible.”

Daragh Sheridan , Sail Training Ireland

“This voyage was a truly life changing experience. I learned practical sailing skills, built confidence, and met amazing people who made me feel welcome from day one. Thank you to Sail Training Ireland and everyone involved for giving me this unforgettable opportunity. I will always be grateful.”

Trainee



How to Help More Young People Become Leaders

75% of this year's trainees needed funding support to come aboard — and every county still has young people waiting for a place. None of it happens without people willing to back it.

SPONSOR A TRAINEE

Help fund a young person or group who cannot afford to participate.

BECOME A MENTOR

Join the shore and sea team helping the next 355 trainees find their feet.

PARTNER WITH US

Opportunities for corporates and community group partnerships across the country.

Get In Touch

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Make a Donation



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DUBLIN PORT



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Bhaile Átha Cliath
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DUBLIN
NORTH EAST
INNER CITY

**Fair winds for 2026 —
and thank you for helping us
go further in 2027!**